

MANTECA BULLETIN
Presents:

26th Annual

Bridal Event

Sunday, January 18th, 2009
1pm - 4pm

Admission \$5.00

**All Door proceeds go to the
Manteca Boys & Girls Club**

**Everything You Need To
Plan Your Wedding**



**View The Latest Bridal Attire
in Our Fashion Show**



This Event will be held at

**Manteca
Senior Center
295 Cherry Lane
Manteca**



TAKING TIME OUT to relax and rejuvenate is the best way to calm those pre-wedding jitters.

TRENDS

Indulge yourself before you walk down the aisle

(MS) — From the moment you announce your engagement, bridal magazines and wedding checklists pour in like gifts from your registry. The constant running around and planning can take a toll on almost any bride-to-be. The bride with the shiny hair, bright eyes and beautiful smile has taken a personal investment in herself and knows that taking time to relax and rejuvenate is essential in the days leading up to the wedding.

Following are some easy pre-wedding tips to help brides on-the-go look their best for the big day, courtesy of the beauty experts at ThermaCELL:

Haircare essentials — Schedule an appointment with your hair stylist a month before the wedding to discuss color and styling ideas. Bring your wedding headpiece and magazine clippings of your favorite styles, along with a photo of your dress.

Enjoy a one-day vacation at a spa — Here's one easy appointment that won't lead to added stress. Arrange for a massage, soothing facial, manicure and pedicure — bring your friends and enjoy a girl's day out.

Schedule a pajama party — Pamper yourself and your bridesmaids

with lotions, masks and other beauty products. Then practice formal hairstyles — use pretty clips and hair accessories for a unique look. Have fun with ThermaCELL's portable haircare curling irons and straighteners, which produce sleek straight styles and the full, bouncy curls in just minutes. Take plenty of photos to preserve the memory of this special night with your friends.

Indulge in the bath — Turn your bathroom into a relaxation haven. Use aromatherapy candles, a relaxation tape, bath salts, fragrant bubbles and soothing peppermint foot cream.

Surrender to an afternoon nap — Making a commitment to your wedding means first making a commitment to yourself. If your mind and body are rested, the days leading up to your wedding will be met with energy.

Pamper your bridal party — On the day of your wedding, provide a basket for your bridesmaids filled with hand lotion, hairspray, tissues, breath mints, and ThermaCELL hairstyling products for quick and easy touch-ups and beautiful, salon-perfect hair all day long.

For more wedding style tips, visit www.thermacell.com.