

# Staying fit and enjoying a little relaxation

## GYMS, FITNESS CENTERS AND SPAS IN BRYAN COUNTY

**24-Seven Family Fitness**  
The Station Xchange  
Hwy. 144  
Richmond Hill  
756-4890

**Lavender Hill Spa Salon**  
2709 Hwy. 17  
Richmond Hill  
459-2757

**Southern Light Wellness**  
I-95 and Hwy. 17  
Richmond Hill  
756-9701

**You Need Fitness!**  
2558 Hwy. 17  
Richmond Hill  
277-1362  
[www.youneedfitness.com](http://www.youneedfitness.com)

**Black Creek Fitness**  
Helen Road  
Ellabell  
858-4508

**Milan Salon & Day Spa**  
3766 Hwy. 17, Ste. 1B  
Richmond Hill  
756-7968

**Super Hot'n'Fit**  
21 E. Bacon Street  
Pembroke  
653-3488

**YMCA**  
10055 Ford Avenue  
756-5856

**Curves for Women**  
10140 Ford Avenue  
Richmond Hill  
756-6611  
[www.curves.com](http://www.curves.com)

**Nonstop Fitness**  
2641 Hwy. 17  
Richmond Hill  
756-4858  
[www.nonstop-fitness.com](http://www.nonstop-fitness.com)



**Energy Oasis**  
111 Market Street  
Richmond Hill  
756-5865  
[www.energy-oasis.com](http://www.energy-oasis.com)

**Richmond Hill Gym**  
141 Timber Trail Road  
Richmond Hill  
756-4075

# "The Lynne Bayens Group"



Jana Perry, Lynne Bayens & Kelly Johnson

## Welcome to Coastal Bryan County.

"The Lynne Bayens Group" members are proud to be residents of this area and active participants in our community. It would be our privilege to share with you our knowledge of Coastal Georgia and area real estate. Lynne Bayens personally offers over twenty years of real estate experience. Her proven track record for helping families relocate with ease is a wonderful reason to consider her "Group" as your next real estate source. We are committed to providing timely, knowledgeable and courteous service to our clients. Our years of experience, education and success practically guarantee a positive, "stress free" real estate transaction. Please call or email us for a Newcomers Package filled with helpful information.

## "WHEN EXPERIENCE COUNTS"

Lynne Butler Bayens

912-756-5888

[www.LynneBayens.com](http://www.LynneBayens.com)



**RE/MAX**  
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